Welcome Back!

By Cindy Behunin, Newsletter Club Faculty Advisor

The Spring 2017 semester is upon us. We are very excited to see familiar faces of students, faculty, and staff as we bring in the new year. There were a lot of fun activities held last year and we anticipate that in addition to Student Council the many clubs on campus will continue to educate and entertain our campus community. If you haven’t registered or you need additional classes make sure to speak with your Advisor. There are great options available to you that you may not be aware of. Renee and Dennis are in the HSL building and look forward to seeing you.

Don’t forget that classes start on January 9, 2017; some as early as 7:30 a.m.! Check out Canvas to familiarize yourself with the course and your instructor. Visit the Bookstore for your textbooks, apparel, backpacks, and school supply needs. Their hours are Monday—Friday 9:00am—12:00 and 1:00—3:00.

If, during the semester, you have problems don’t hesitate to meet with us. Find assistance with tuition problems by visiting Pam Hosler; she may have some ideas you hadn’t thought of. Concerned about class? Please talk to your instructor! We can help. I promise that we aren’t as scary as some people think. Other issues? Just ask. The faculty and staff at USU Eastern—Blanding campus want to see you succeed and achieve your goals. Good luck and have a great semester!
January 2017 Community Events

By: Lisa Rarick

- January 1—HAPPY NEW YEAR
- January 9—Spring Semester Begins
- January 13-15—Bluff International Balloon Festival. For more information visit: www.bluffutah.org/bluffballoonfestival
- January 16—Martin Luther King, Jr. Day Observed
- January 28—Blanding Utah Stake Women’s Conference

EVERY WEEK:
- Institute at the LDS Institute Building each Monday and Wednesday at Noon and Wednesday at 8:00 pm
- Family Support Group each Thursday at 6:00 pm at San Juan Counseling for Families of Addicts

Movie Report Card

By: Cheyenne Chee

Genre: Fantasy/Action        Rating: PG-13
Rating: B-

“Fantastic Beasts,” debuted on November 18, 2016. It is a prequel to the Harry Potter series and is based on J.K. Rowling’s screenplay of the same name.

I have never watched/read Harry Potter (I know; don’t kill me). That said, I did not know what was going on. I watched this movie because my friend watched “Dr. Strange” (strongly recommend, by the way).

I thought the graphics were great. The movie follows a guy with a suit case filled with “beasts” which escape. He and his friends then try to capture them. The ending is cute. Overall, this movie was mediocre. But, if you are a Harry Potter fan, this is a must see!

Reading Corner

By: Cante Riggle

A Perfect Union of Contrary Things by Sarah Jensen

A Perfect Union of Contrary Things is the authorized biography of Maynard James Keenan, the front man of notorious bands Tool, Puscifer, and A Perfect Circle. Sarah Jensen writes about young Maynard’s experiences as a child and her narration follows him all the way to the present: he is a musician, a wine maker, artist and inspiration.

Maynard provides, in his own words, personal excerpts and anecdotes. This book is very interesting for the avid Maynard fan. I recommend this book to everyone because Maynard has an interesting perspective on life and it is worth the read. My hope is that people continue to allow new ideas to broaden their minds and become more open to new ideas.

This book is available at puscifer.com for $29.99. Check it out and remember, even if his music isn’t your cup of tea listen to the story he is trying to convey.
### Shrimp Scampi Bake

1 Cup butter     1 TBS garlic, chopped  
1 TBS lemon juice 2 TBS Dijon mustard  
1 TBS fresh parsley, chopped 
2 LBS med raw shrimp (shelled, deveined, with tails attached)  

Preheat oven to 450 degrees F (230 degrees C)  

In a small saucepan over medium heat, combine butter, mustard, lemon juice, garlic, and parsley. When the butter melts complete, remove from heat.  

Arrange shrimp in a shallow baking dish. Pour butter mixture over the shrimp.  

Bake in preheated oven for 12-15 minutes or until the shrimp are pink and opaque.

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Bullying, Part I: Cyberbullying

By: Cheyenne Chee

This is the second in a series of articles that will attempt to raise awareness on the issue of bullying. One of the biggest types of bullying that has risen since the technological boom, that is our era, is cyberbullying. According to stopbullying.gov, cyberbullying is “bullying that takes place using electronic technology.” Examples of cyberbullying include mean text messages, emails, tweets, Facebook posts, etc.

So how is cyberbullying different compared to other types of bullying? Well, since technology is everlasting, cyberbullying can happen 24/7. In addition, cyberbullying is even more intense since it is published on the internet, where it can be reach long distances in a matter of seconds. Lastly, attempting to delete inappropriate or harassing messages, texts, posts, etc. are extremely difficult after it has been sent/posted.

Cyberbullying can have many effects. Just like regular bullying, individuals who are cyberbullied are more likely to:

- Use alcohol and drugs
- Skip school/work
- Experience in-person bullying
- Have lower self-esteem
- Have more health problems

Cyberbullying is more frequent than you expect. About 50% of students have been cyberbullied, according to cyberbullying statistics. In addition, females have a higher percentage of being cyberbullied as compared to males.

Because this is a rising issue, it is important that cyberbullying be stopped. Here are some ways you can prevent this issue:

- Be aware of what you/your friends/family are doing online.
- Establish limits.
- Understand school/office rules and policies.

Cyberbullying will probably never be fully abolished. So it is important to know what to do when you come across cyberbullying. It is simple: report it. Report cyberbullying to online service providers, law enforcement, or other officials. Some steps you should take into immediate action are:

1. Do NOT respond to cyberbullying messages.

2. Keep evidence (photo, records, screenshots) of cyberbullying.

3. Block the cyberbully.

In conclusion, cyberbullying is an issue. Like in-person bullying, cyberbullying has its harmful effects. However, there are some steps that enable you to prevent it. Lastly, if you or someone you know is being cyberbullied, report it. As I have previously stated, tell the appropriate official of the situation. No one deserves to be cyberbullied, and it is up to us to stop this issue.

Here is a list of some helpful websites if you wish to know more about cyberbullying and how to prevent/report it:

- http://www.bullyingstatistics.org/content/cyberbullying-statistics.html
Faculty Feature

By: Larenz Esplain

The new year is filled with resolutions and an opportunity to explore different things. However, if you’re not always open to change, it won’t hurt to learn about an old favorite. Even though he is a member of Utah State University’s Sociology department, Dr. Don Larson teaches a variety of other classes from psychology to history. With his kind demeanor and friendly personality, Dr. Larson can be looked to when in need of a positive mood booster.

Dr. Larson grew up in northern Utah within the Uintah and Ouray Ute tribe reservation. Growing up with parents and grandparents who were educators, it seems no surprise that he had a passion for teaching. Originally a pre-med student, Dr. Larson changed his major and completed his undergraduate, graduate, and doctoral education in Sociology while at Brigham Young University in Provo. With his educational background in sociology, Dr. Larson started working for a corporation as an evaluation analyst.

Dr. Larson first started working for USU when it was still known as the College of Eastern Utah as the Director of Education. He then moved to the Blanding campus and became the Dean of Instruction for five years. He finally joined the teaching faculty in 2002 and has been teaching since then. He loves his job as an instructor mainly because he loves to watch his students grow and succeed.

When he is not an instructor, he is a husband to his wife of over 40 years, a father to his 9 children, and a grandfather to his 24 grandchildren. He also is a Scout Leader to a local Boy Scout troop. Being surrounded by children allows Dr. Larson to carry this to his classroom and to his workplace by allowing him to be the campus’s big friendly giant that we all come to know.

Staff Spotlight

By: Larenz Esplain

With the new year what better time to learn about one of USU’s newest staff members? Joao Bueno is the newest staff addition to our campus and is located in our administration building. Originally from the city of São Gotardo in Minas Gerais, Brazil, Joao has travelled to world and found his way to Blanding as the Native American-Serving Nontribal Institutions Program, or NASNTI, Director.

Joao obtained his first undergraduate degree from Pontifical Catholic University in Brazil in Education. He also obtained a second Bachelor’s degree in Psychology from Utah Valley University and a Master’s Degree in Public Administration with an emphasis on International Development from Brigham Young University. With a background on education and human relations, it is no surprise to learn about his global work.

Joao has spent a lot of his time in third-world countries from Mexico to India to Mozambique in Africa. It was here that he was able to work one-on-one with so many different cultures and people of all ages. This sparked his interest in learning about other Native tribes in the world. He sees his current job as an opportunity to learn more about Native American culture, particularly the Navajo culture. He wants to be able to work alongside Native Americans and accomplish things with them. His passion to learn about Native cultures has inspired him to become an advocate for those struggling to push through a cultural gap between their race and those of the majority group.

Joao is excited about this job because he feels USU is different than other institutions. He explains this it as a larger emphasis on working with individuals rather than large group of people. Let’s reach out to one of our newest members and make him feel like a part of the family.
2016 Year in Review

Compiled by: Cindy Behunin

Over 130 celebrities passed away in 2016. Below are ten. For a complete list visit www.chicagotribune.com.

*David Bowie (69), musical artist
*Alan Rickman (69), actor
*Prince (57), musical artist
*Muhammad Ali (74), boxer
*Christina Grimmie (22), musical artist
*Jose Fernandez (24), Miami Marlins Pitcher
*Fidel Castro (90), Cuban leader
*Craig Sager (65), NBA sideline reporter
*George Michael (53), musical artist
*Carrie Fisher (60), actress

It’s impossible to say what the most important events are from 2016; here is a random sampling.

*Donald Trump is elected President of the U.S.
*North Korea conducts missile and nuclear tests.
*Rio de Janeiro, Brazil, hosts the Olympics.
*The United Kingdom votes to leave the European Union.
*Solar Impulse 2, the first solar plane, completed a trip around the world.
*The Chicago Cubs win the World Series.
*Juno probe arrives at Jupiter.
*VSV-EBOV vaccine proven effective against Ebola.
*Bob Dylan wins the Nobel Prize for Literature.
*Brazil and South Korea impeach their presidents.

Devoted Distance Sites: Monticello

By Beth Cecil

Being a distance student is hard, but distance sites are a large part of our student population here at USU Eastern. USU Eastern has 10 distance sites. The Learning Center in Monticello, Utah, is a huge benefit to the community there. Head facilitator Bayley Hedglin (pictured above) says that nearly thirty students take advantage of the Learning Center every semester.

Sydney Redd, a USU Monticello student, explains the difficulties of learning over a screen. She explains that often she feels left out and doesn’t feel like a part of the campus, and when there are technical difficulties it is even worse. Mics not being turned on or failure to be brought into discussions is a very common problem that often gets frustrating. Even though it can be frustrating being a distance student is still the best option for Sydney because she is able to further her education without completely uprooting her life.

The Monticello Learning Center is extremely beneficial to the community. Being able to stay home is much cheaper than moving to campus and gives students a chance to continue their lives while going to school.

Join the Newsletter Club and earn credit!
Make a difference on campus while strengthening your writing, editing, photography, drawing, or other skills. Don’t miss out on this great opportunity!

ENGL 2988-AT2
**Aggie Sports**

*By: Lindsey Burbank*

Logan, UT—On Wednesday night, December 21st the Aggies Men’s Basketball team lost a tough game to rival, Weber State. The game ended with an overall score of 77-71. Throughout the night, the team was led by senior Jalen Moore who put in 18 points with the help of Koby McEwen (11 points).

Entering the second half our very own Sam Merrill added another 10 points achieving a career high of six assists during the night. As game time began to dwindle with only 1:46 left in the second half, Weber State pushed ahead to lead 73-67. With 58 seconds left into the game, Utah State’s Shane Rector and Quinn Taylor included four free throws. At the end, Weber State ended the rivalry losing streak with USU. The night ended with Utah State shooting 48.0 percent from the field and a season high 50.0 percent (6 of 12) from the 3-point range and finally 17 of 22 from the charity stripe.

**Random Facts**

*Compiled by: The Journalism Club*

*Noisemaking and fireworks on New Year's Eve is believed to have originated in ancient times, when noise and fire were thought to dispel evil spirits and bring good luck. ~Cheyenne Chee*

*In Italy, people wear red underwear on New Year’s Day to bring good luck all year long. The tradition dates back to medieval times. ~Larenz Esplain*

*On New Year’s Eve the town of Brasstown, NC, lowers a possum instead of a lighted ball. It’s known as “The Possum Drop.” ~Cindy Behunin*

**Trivia about Martin Luther King, Jr.**

*Compiled by: Lisa Rarick & www.ibtimes.com*

*He was named Michael King, Jr. at birth but his father changed it when he was five after an inspiring trip to Germany.*

*He attended Morehouse College at the age of 15.*

*After his home was bombed on January 30, 1956, (with his wife and daughters inside) he told the people, “If you have weapons, take them home...We must meet hate with love.”*

*The FBI knew about several affairs King had and sent him a letter in 1964 calling him “a complete fraud”.*

*When he was shot on April 4, 1968, on the motel balcony he was secretly smoking. His friend, Billy Kyles, disposed of the cigarette so no one would find out he smoked.*

*Utah was the last state to recognize Martin Luther King, Jr. Day. It was signed into law in 1983 but the state didn’t recognize it until 2000.*

**Registration Deadlines**

**January 13**—Last day to add without instructor approval.

**January 14-30**—Instructor’s signature needed to add a class.

**January 30**—Last day to drop without a notation on your transcript.

**March 23**—Last day to drop.