March 2017

Cultural Ambassadors Preform in Salt Lake City

By Lisa Rarick

Campus life provides a multitude of opportunities to participate in clubs and activities outside of the regular educational pursuits. Shirts with a colorful USU Eastern logo in yellows, oranges, and reds worn by fellow students can periodically be spotted on campus. These students are members of the CAPP Club. CAPP stands for Cultural Ambassadors Performance Program. Students meet at the Native American Studies Building two or three times a week to learn and practice traditional Native American, Latin, and Polynesian dances. Through dance and song, stories are told of these cultures and traditions are preserved for future generations.

CAPP has shared their talents and performed around the Four Corners area during the 2016/2017 school year. Over Presidents’ Day weekend CAPP traveled to Salt Lake City. While there, they had the opportunity to attend the BYU Living Legends performance at the Salt Lake Conference Center. Living Legends also performs traditional Native American, Latin, and Polynesian dances interwoven into a story about the histories of these cultures. Prior to the performance, CAPP was privileged to meet the Living Legends performers in the Green Room. Each of the performers introduced themselves, ethnic background, and their majors. CAPP learned about the time commitments and requirements of being in Living Legends and how the performers balance education and performing around the country. At the conclusion of the performance, the dancers graciously posed for pictures and conversation with CAPP and other audience members. On Saturday, the CAPP club had the opportunity to perform the dances they have learned this year at the Urban Indian Center in Salt Lake City. Dances included several Native American and Polynesian dances and one Latin Dance. A few of the Living Legends members attended the performance to support the efforts of CAPP. The students of USU Eastern Blanding CAPP represented themselves and these cultures so well they have been invited to come back another time to perform at the Urban Indian Center.

If you haven’t seen this group perform or would like to be a member, please contact any of the student members or Advisor Clint Behunin for additional information. CAPP not only represents these cultures well through dance but they are great ambassadors for USU Eastern Blanding Campus.
**Student Life**

*By Emma Squires*

The month of February was full of Valentine’s Day centered activities, including a cookie decorating/ bake sale fundraiser, a Naughty Night, and more. Some of the most popular activities were movie nights, the Valentine’s Day dance, and Naughty Night.

Even more fun activities are planned for March, including a cookout on March 2nd at 2:00, Spring Break March 6-10th, a pool tournament March 14-15th, St. Patrick’s Day on March 17th, Student Council Elections on the 23rd, and a basketball tournament the 22-24.

Hopefully you didn’t forget to set your clock forward an hour on March 12 for the time change. For those of you who are curious, Patio Drive In changes back to their summer hours starting Spring Break. So many good things happening this month! Don’t miss out!

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**Irish Soda Bread** *(allrecipes.com)*

2 cups all-purpose flour  
1 pinch salt  
1 teaspoon baking soda  
1 cup buttermilk  
1/2 cup raisins (optional)

Prep: 10 minutes  
Cook Time: 15 mins  
Ready: 25 mins

1. Heat a heavy skillet, griddle, or cast-iron frying pan over medium-low heat.  
2. Stir the flour and salt together in a bowl, and sift in the baking soda. Make a well in the center of the flour mixture, and pour in the buttermilk. Stir the mixture quickly together into a dough, and turn out onto a floured surface. Knead the dough a few times, just until it comes together. Gently form the dough into a flattened, round cake about 1/2 inch thick, and cut the round into quarters with a floured knife.  
3. Sprinkle a little bit of flour into the bottom of the hot skillet, and cook the wedges 6-8 mins per side, until golden brown.
USU-Eastern Blanding Students Go to Cambodia!

By: Cheyenne Chee

The Global Community Leadership (GCL) program allows university students to experience a mixture of academic learning as well as humanitarianism. GCL’s curriculum includes the following: local and global citizenship, domestic and international development, leadership development, assessment of common humanitarian principles, project management, advocacy, and hands-on service. Students who apply and are enrolled in the program will be able to earn three USU college credits (HEP 5200). The requirements to be accepted into this program are as follows:

1. Be a high school graduate.
2. Be willing to complete all curriculum requirements outlined in the syllabus, whether you are opting for transcript credit or not.
3. Attend monthly sessions January - May to engage in active learning AND practical planning of international service projects. For students in areas far from Salt Lake City, YouthLine will facilitate these meetings via video conferencing and Canvas.
4. Engage in all scheduled activities abroad, including carrying out committee work, attending, and participating in learning activities, attending all meetings with international partners, and engaging in regular team debriefs and reflections.
5. Complete all assignments, projects, and portfolio items.

This year a group of 13 individuals from USU Blanding Campus will be studying abroad in Cambodia, which is located in Southeast Asia. The 13 individuals are:

Jessica Roueche, Cheyenne Chee, Royale Chee, Elway Francis, Journey Winder, Monae Musselman, Lori Begaye, Colton Roueche, Faustine Saganey, Terri Winder, Angelynn Johnson, and Quisheima Brown. They (continued on page 5)
March 2017 Community Events

By Lisa Rarick

- March 14-15—Pool Tournament
- March 16—Forum: TBA
- March 16—Tie Dye Night
- March 17—Applications for Student Council due
- March 21—Fugitive
- March 22—March Madness begins
- March 23—Forum: Janelle Brown (Food Channel Cupcakes War Winner!)
- March 28-29—Student Body Elections
- March 30—Forum: Attorney Sheldon Spotted Elk

EVERY WEEK:

- Institute at the LDS Institute Building each Monday and Wednesday at Noon and Wednesday at 8:00 pm
- Family Support Group each Thursday at 6:00 pm at San Juan Counseling for Families of Addicts

To make sure your event is listed please contact Lisa Rarick at lsrarick62@gmail.com

Reading Corner

By Cindy Behunin

Some of my favorite books have resulted from student recommendations. This month’s book came from a conversation with Dan Laws, a student, about Raising Stony Mayhall by Daryl Gregory. I’ll be the first to admit that I am not a fan of zombies. At all. Dan started talking to me about and was so excited I decided...okay. I’ll give it a shot. I started it and had a hard time doing much else. This is a fantastic novel that balances the zombie-horror component with a strong story line. I found myself routing for Stony from the very beginning.

From Amazon.com: “In 1968, after the first zombie outbreak, Wanda Mayhall and her three young daughters discover the body of a teenage mother during a snowstorm. Wrapped in the woman’s arms is a baby, stone-cold, not breathing, and without a pulse. But then his eyes open and look up at Wanda—and he begins to move.

The family hides the child—whom they name Stony—rather than turn him over to authorities that would destroy him. Against all scientific reason, the undead boy begins to grow. For years his adoptive mother and sisters manage to keep his existence a secret—until one terrifying night when Stony is forced to run and he learns that he is not the only living dead boy left in the world.”

The only thing left is for you to go out and get your copy today.
5 Inexpensive (yet awesome) Spring Break Ideas

By Cheyenne Chee

We just refreshed with Spring Break and I do not know about you, but I couldn’t wait for a break from class and homework and exams. Spring Break is known as the crazy break in the semester, and it is notorious among, you guessed it, college students. It is known for big (and pricey) fun. However, most of us are probably not heavy in the pockets with cash. Do not fret! I have compiled a list of five Spring Break (and weekend trip) ideas that will not leave you broke and eating ramen noodles forever. You’re welcome!

Road Trip

Road trips are my favorite! Get some of your friends together (include at least someone with a fire playlist) and get on the road. Drive anywhere and everywhere. You have all the control!

Stay-cation

College is stressful, so why not just stay home and sleep? To be honest, this is probably what most of us did or wish we did) for my spring break.

Travel

Spring Break is the perfect time for traveling. The weather is warm and it allows us a week to explore a new environment! Instead of flying or traveling long distances, try going somewhere where you have not visited (but is fairly close). Some suggestions include Grand Canyon, Natural Bridges, Mesa Verde, Santa Fe, Denver, etc.

Camping

This is an oldie but goodie. Go camping. Gather a group of friends and set out in the wilderness. Go hiking. Go fishing. Go swimming. Hang out with your friends. Tell scary stories, make some s’mores, and have fun!

See a concert

Like me, you probably love music. So invite some friends and see an artist you all love (or someone you have never heard of). Google some concert dates in Salt Lake City, Phoenix, Farmington, Albuquerque, etc. I am sure you will find something.

Color your stress away!

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(continued from page 3)...will be departing May 29, 2017, and arriving back to the States June 9, 2017. Some of the activities they will be doing while abroad are construction, public health education, livestock, gardening, home visits, and vocational training. The total cost for each participant to attend this program is $3,499. If you would like to donate to any of these students, you can go to their donation page using this link: https://youthlinc.z2systems.com/np/clients/youthlinc/publicFundraiserList.jsp?campaignId=39&&test=true. In addition, if you or someone you know would like to apply for this program or would like to learn more about it, you can view their website at http://www.youthlinc.org/programs/gcl/
Devoted Distance Sites:
Monument Valley
By Beth Cecil

We all know that being at a distance site is hard, including worrying about mics and running to find facilitators when the slightest thing goes wrong. The Monument Valley Learning Center is hoppin with students trying to better themselves with an education at USU Eastern. It is hard not to be face-to-face with professors, but the students at the Monument Valley Learning Center are taking advantage of the great opportunity provided to the students in rural areas.

Longtime resident of Monument Valley and freshman at the Monument Valley distance site, Hannah J. Fowler expresses her love for the site and of the great opportunity the distance site has given her. Hannah never planned on staying in Monument Valley, but after her Grandmother passed away it ended up being her best option. Hannah says that the best part about learning at a distant site is meeting and learning about more people and getting to share it with members of her community.

Being away from the campus and the professors has a downfall though. Hannah talks about the lack of communication between professors and the distant students. “Sometimes on location students will ask questions and the professor will answer the questions but not for everyone, just for the ones there on the site where the professor is.” The lack of communication is often frustrating and causes a lot of confusion and makes the distance students feel less and less like part of the campus.

“I remember one day we had a professor come out and actually teach at the distance site here in Monument Valley. I don’t think you know how encouraging that is! It made us feel like they actually cared that we were there and part of their class. I feel if more teachers would be willing to do that at least once it would boost the student’s morale and worth to the school.”

Random Facts: Spring Break
Compiled By The Journalism Club

♦ Cancun, Mexico, is the top ranked Mexican destination. ~Cheyenne Chee
♦ Every year at least one Spring Breaker dies from falling off a balcony. ~Cindy Behunin
♦ 1.5 million college students go on Spring Break every year, spending an average of 1 billion dollars a week. ~Emma Squires
♦ Corporate brands promoting their products and services on Spring Break stand a very good chance of increasing their brand awareness by 30% by the time their campaign is over ~pcbeachspringbreak.com
♦ The most popular U.S. Spring Break destination is Daytona Beach, where students consume an average of ten alcoholic drinks a day.. ~Emma Squires
♦ 60% of students have a run-in with the police during Spring Break. ~Cindy Behunin
♦ In 1985 370,000 students showed up [in Ft. Lauderdale, FL]. The mayor publicly stated students were no longer welcome. Alcohol was banned on beaches. MTV was banned. 2,500 students were arrested. ~funnyjunk.com
Movie Report Card #1
By: Cheyenne Chee
Title: Split
Genre: Thriller/ Horror
Rating: PG-13
Grade: A++

Split debuted on January 20. This was actually the first movie I saw in 2017 (it is also the best movie I have seen so far this year). This two-hour film shows three teenage girls who are abducted by a man with 23 personalities. They try to escape before the 24th personality makes its appearance.

As a lover of horror films, I HAD to see this movie. I was definitely not disappointed even though this film certainly did not frighten me like a normal horror film. Split had both laughable and thrilling moments. It had an interesting plot and everything was executed smoothly. All in all, I left the theater happy I spent that $7 for the ticket. It is truly a must-see. This definitely made its way into my top favorite movies of all time.

Movie Report Card #2
By: Cheyenne Chee
Title: Rings
Genre: Drama/ Horror
Rating: PG-13
Grade: D+

This film debuted February 3. It is about a young woman, Julia, who watches a video in order to save her boyfriend from getting killed by a dead girl, then Julia tries to uncover information before the seventh day comes and Julia is killed.

I have seen the original The Ring as well as The Ring Two, so I was pretty excited to see a third sequel added to the mix. However, this film does not involve any correlations to the previous characters.

As stated in Movie Review #1, I love horror movies. Horror movies are, unfortunately, usually hard to execute correctly and tastefully. This film is another addition to the unsuccessful mix. The storyline was a bit boring. In addition, you did not get a solid emotional attachment to the characters. Do not waste your money this weekend watching this film. I highly recommend watching the original Ring, though.

Send article, campus community spotlight, movie, and book recommendations to Cindy Behunin, BLT 106 or cindy.behunin@usu.edu.